

SPEAK OUT

Cometh the hour, cometh the day
Say how you feel in your own special way
Don't hold back. Let it out
Sigh it, whisper, scream and shout
Say what you see. Say how you feel
It may be rubbish. It may be real
Be you old. Be you young
Open your mouth and untie your tongue
Words can hurt. Words can soothe
Words can end and words can move
Talk together. Talk alone
Talk in your sleep. Talk down the phone
Speak about living and not of the dead
Say how you feel about what's in your head
Speak out! Don't be afraid
Believe in what you've just said
Tell a joke or sing a song
Tell them they're right. Tell them they're wrong
Speak in riddles. Talk and make sense.
But to the wrong ears it can sound like nonsense
And thank the time it takes to say
To those who see in a spiritual way
So tell your foes or tell your friends
What your words meant in the end.